



PLACE A POUCH BETWEEN YOUR UPPER LIP AND GUM.
TASTE THE FLAVOURS FROM TYGA FOR A
RECOMMENDED TIME OF 3-10 MINUTES.
THEN WHEN YOU ARE FINISHED WITH THE POUCH,
PLACE IT INSIDE THE WASTE COMPARTMENT. THIS CAN
BE LOCATED AT THE TOP OF THE CONTAINER.

EXTREME ENERGY POUCHES

100mg Caffeine
50mg L-Theanine
50mg Beta Alanine



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